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NUTRITIONAL ANALYSIS

REVISED: December 16, 2012

PRODUCT: **S'mores Crunch®**

CODE: **03201**

TYPICAL ANALYSIS: Per 100 grams of Product

Calories	487 kcal
Calories from Fat	211 kcal
Protein	5.3 g
Carbohydrate	67.5 g
- Sugars	54.5 g
- Fiber	3.0 g
Fat	23.5 g
- Trans	0.2 g
- Polyunsaturates	0.4 g
- Monounsaturated	1.6 g
- Saturates	21.2 g
- Cholesterol	4.3 mg
Ash	1.1 g
Calcium	125.0 mg
Iron	1.9 mg
Sodium	141.6 mg
Potassium	302.2 mg
Vitamin A	56.7 IU
Thiamine	0.1 mg
Riboflavin	0.3 mg
Niacin	1.3 mg
Folic Acid	19.6 mcg
Vitamin C	0.7 mg